



Fall 2019

THE RUNNING PLACE

Newtown Square, PA

VUORI

NEW APPAREL BRAND AT THE RUNNING PLACE

VUORI apparel is built to move and sweat in, yet styled for life. It is designed for multi-sport use and easily transitions into your everyday life. Without sacrificing style or comfort, Vuori utilizes some of the best performance fabrics in the world to produce items offering moisture-wicking, anti-odor and anti-bacterial properties, and 4-way stretch.

Environmental consciousness is a focus for Vuori as well. Their Sea Cell technology is sustainably sourced using a blend of algae and wood pulp to create a textile nicknamed 'angel fabric' which is then used to make what some have called 'the most comfortable shirts you've ever felt.' There are shorts in the Recycled Series that are made using roughly 25 recycled plastic bottles. Many pieces in the Vuori line also use upcycled coconut husks, giving Vuori's clothing performance qualities through use of natural materials.

Performance, comfort, style, and sustainability: what more can you ask for?



UPCOMING EVENTS:

Sunday, September 8th
The Main Line Run 5k
Wayne, PA

Monday, September 9th
Monday Night Run at The Running Place
• **New Balance Wear-Test**
• **Pizza Night**

Sunday, September 15th
Heroes vs Cancer 5k
The Episcopal Academy,
Newtown Square, PA

Saturday, September 21st
4th Annual Pints in the Square Craft Brew Fest and 5k
Ellis Preserve
Newtown Square, PA

Sunday, September 29th
Blood Sweat Cheer Festival 5k Trail Run
Delaware County Veterans Memorial
Newtown Square, PA

Saturday, October 5th
Haverford Township Day 5k
Havertown, PA

Sunday, October 6th
Superhero 5k Benefitting Child Guidance Resources
Ridley Creek State Park
Media, PA

Saturday, October 19th
ChesLen Chase for Open Space
Coatesville, PA

Sunday, October 20th
Delco WAR Race for Victims' Rights 5k Run/Walk
Rose Tree Park, Media, PA

Saturday, October 26th
Bark in the Park 5k/Dog Walk and Fall Festival
Rose Tree Park, Media, PA



PINTS IN THE SQUARE

Pints in the Square 4th Annual 5k and Craft Brew Fest is on Saturday, September 21st at the Ellis Preserve in Newtown Square. Pints in the Square is a celebration of local craft brewing, an active lifestyle, and the surrounding community. The day begins at 11 a.m. with a chip-timed 5k through the Ellis Preserve and is followed by a craft beer festival from 12 p.m.-4 p.m. featuring 50+ beers from local and regional craft breweries. All proceeds from this event will benefit the Newtown Square Fire Company, a 501(c)3 organization.



XC SPIKES

The **cross-country racing season** is upon us! Get the edge over your competition and run your fastest times with ultra-lightweight racing shoes that can give you infallible traction even in the worst conditions. The Running Place has racing spikes and flats from a variety of brands, including New Balance, Saucony, ASICS, and Brooks. If you run for a local C.Y.O., high school, or college, be sure to mention it and receive a team discount.



NEW TO MARPLE-NEWTOWN FOR FALL 2019

The **Healthy Kids Running Series** is a 5-week running program for kids from pre-K to 8th grade. Once a week, kids compete to earn points in age-appropriate distances, from the 50-yard dash to the mile. At the end of week 5, those who accumulate the most points in their races win trophies, and all participants receive a medal. The Marple-Newtown Series takes place at the Gauntlett Community Center at 20 Media Line Road in Broomall beginning Sunday, September 15th.

More info: healthykidsrunningseries.org

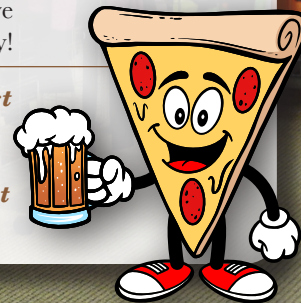
BEGINNER RUNNING CLASS

The Beginner Running Class is held for eight consecutive Saturdays at 8 a.m. starting on September 7th. The class will be led by US 1996 Olympian Katherine (Fonshell) Taylor. The class teaches fundamentals of running and guides you through a walk/run program, building toward the completion of a 5k. The class is open to anyone wanting to start a running program and who is fit to walk at least 3 miles. The cost for this program is \$80 and includes a Gymboss timer and a technical running T-shirt.

MONDAY NIGHT RUN - 6:45 P.M. Join the fun at our weekly group run!

Every Monday night, rain or shine, as many as 30-40 runners gather at The Running Place for a group run. Choose from a 3-mile or 5-mile loop that meanders through the neighborhood behind our store. Runners of all ages and paces are welcome. We leave promptly at 6:45 p.m., so come early!

As an added bonus, on the first Monday of each month, we treat the group to pizza and beverages at a local restaurant immediately after the run.



THE RUNNING PLACE

3551 West Chester Pike
Newtown Square, PA 19073

FALL Savings!

\$10 off
Any Purchase*

* Present this coupon with your purchase of \$30.00 or higher. Cannot be combined with other coupons or special offers. May be used on sale items. Prior sales excluded. Cannot be used to purchase gift certificate.

Expires 9/30/19



* Excluding Brooks Products

610-353-8826 • www.TheRunningPlace.com • 3551 West Chester Pike • Newtown Square, PA