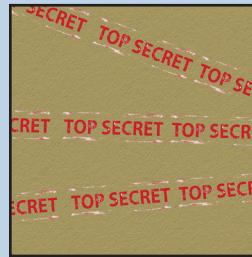


LOVE RUN HALF MARATHON

Join "The Running Place Crew" Team for the Love Run Half Marathon – Sunday, March 26th.

Register for the Love Run and join The Running Place Team for the fun, convenience, and camaraderie. Being a member of the "The Running Place Crew" Team gives you access to our team tent where you can meet friends and teammates, and leave your gear during the event. The team tent is adjacent to reserved port-a-potties which means short lines for the bathroom. Don't forget to stick around for post-race refreshment.

TOP SECRET TEAM LOGO UNVEILED SOON!



THE RUNNING PLACE

3551 West Chester Pike
Newtown Square, PA 19073



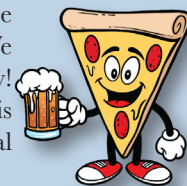
MONDAY NIGHT RUN/WALK

6:45 P.M.

Join the fun at our weekly group run/walk!

On Monday nights, rain or shine, as many as 30-40 runners and walkers gather at The Running Place for a group run/walk. Choose from a 3-mile or 5-mile loop that meanders through the neighborhoods behind the store. All ages and paces are welcome. We depart promptly at 6:45 p.m. so come early! On holidays when the store is closed there is no group run; e.g. Labor Day or Memorial Day.

1st Mondays are back: Join us on the 1st Monday of every month for post run pizza and beverages on us.



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THE RUNNING PLACE

run • walk • move

Winter 2022

3551 West Chester Pike • Newtown Square, PA 19073 • 610-353-8826
Mon/Wed/Fri/Sat (10 a.m. - 6 p.m.) Tue/Thu (10 a.m. - 8 p.m.) Sunday (Closed)

NEW ELVES AT TRP INTRODUCING OUR NEWEST STAFF MEMBERS:

ANASTASIA WILLARD

Anastasia was born on a lovely snowy day on January 9th 1995. At the age of one she became passionate about different animal noises. Skipping some years, Anastasia started running in 2020 during the pandemic. She grew to love it so much that she started working in the running industry the following year at a local running store in Austin, Texas. Anastasia didn't know much about running except that you use your legs to do it and also that hills are tough. The store in Austin had a great reputation and even better customers. It was a great place to learn and one of the best jobs she's ever had, which is saying something because she's also worked at Disney World. After a move back to Pennsylvania, she focused on finding a local running store like the one in Austin. Enter The Running Place! It was a perfect match. Anastasia started at TRP in April 2022 and is now focused on running for health. She is doing her first race ever in November with more races in the future.



PERRIN RYAL

Perrin's first-ever pair of technical running shoes came from The Running Place back when she was just 11 years old. She started running cross country and track in middle school and continued to run in high school (at Haverford High School) and college (at Albright College). After college, Perrin coached cross country at Merion Mercy Academy and began working at the Take A Breather Foundation, which provides respite wishes for those with cystic fibrosis. This experience — along with the pandemic — shined a light on the need for gratitude and the necessity to cherish our bodies. At the same time, Perrin delved into her affinity for yoga and earned her 200 hr. yoga teaching certificate. Now, Perrin is following her love of languages to teach middle school Spanish and study at West Chester University to earn her PA teaching certification. Perrin is so happy to work at TRP and be a part of this positive community that helps all people to run, walk, and move!



UPCOMING EVENTS:

Thursday, Nov. 24th
SEVEN SUMMITS
TURKEY TROT 5K RUN
AND WALK
Wilson Farm Park, Wayne, PA

Thursday, Nov. 24th
THE GREATER PHILADELPHIA
YMCA GOBBLE WOBBLE 5K
Havertown, PA

Saturday, Nov. 26th
SMALL BUSINESS
SATURDAY
10% of all sales will be donated to the Share Food Program of Greater Philadelphia
The Running Place

Saturday, Nov. 26th
CARDINAL JOHN FOLEY
SCHOOL TURKEY TROT
Havertown, PA

Sunday, Dec. 4th
THE LOOP RACE
Schuylkill River, Philadelphia, PA

Saturday, Dec. 10th
REINDEER ROMP 5K RUN
AND WALK
Havertown, PA

Sunday, March 26th
THE PHILADELPHIA
LOVE RUN
Philadelphia, PA

HOLIDAY HOURS

| | |
|------------|---------|
| SUN 12/18 | 11 TO 5 |
| MON 12/19 | 10 TO 8 |
| TUES 12/20 | 10 TO 8 |
| WED 12/21 | 10 TO 8 |
| THUR 12/22 | 10 TO 8 |
| FRI 12/23 | 9 TO 8 |
| SAT 12/24 | 9 TO 3 |
| SUN 12/25 | CLOSED |

| | |
|-----------|---------|
| SAT 12/31 | 10 TO 5 |
| SUN 01/01 | CLOSED |

WINTER Savings!

\$10 off
Any Purchase*

* Present this coupon with your purchase of \$30.00 or higher. Cannot be combined with other coupons or special offers. May be used on sale items. Prior sales excluded.
Expires 12/31/22



Excluding Brooks, New Balance, and Hoka Products

610-353-8826 • www.TheRunningPlace.com • 3551 West Chester Pike • Newtown Square, PA

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SMALL BUSINESS SATURDAY

NOV 26



This year, we will again donating 10% of all sales on Small Business Saturday to GEMMA Services. A nonprofit dedicated to providing education, nurturing, and healing services for youth and families in our region who are struggling, Gemma Services provides a range of behavioral health, child welfare, prevention, and special education programs that help more than 4,000 kids and families to reach for brighter futures. To learn more about how this organization transforms hope into action, please visit www.gemmaservices.org.



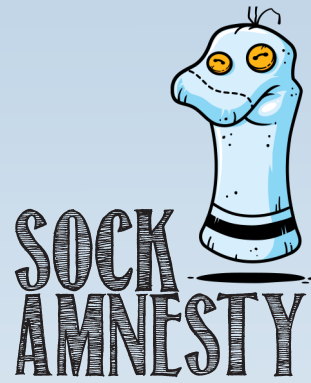
Please join us on Saturday, November 26th, for Small Business Saturday, where each sale matters and contributes toward our donation Gemma!

Again, we could not do this without the support of our friends, family, and customers who have kept us in business now for more than 20 years. We thank you in advance for your help and support!



MONTHLY EMAIL SIGNUP @ WWW.THERUNNINGPLACE.COM | SOCIAL MEDIA @





Would you like a brand-new pair of Feetures socks for FREE? Then be one of the first 60 people to stop in on Small Business Saturday! Bring in an old, worn, holey, grungy pair of socks from home, and trade them in for a free new pair of Feetures. We call this 'Sock Amnesty.' It doesn't matter what condition your old socks are in. Bring them to us. We won't judge! We just want to get you into a new pair, and we think you'll like them so much that you'll want to buy more! One pair per customer, until we give out our 60 pairs.



Student athletes, be sure to ask about team discounts!

HOLIDAY GIFT GUIDE

Garmin Watches

FORERUNNER 255 and VENU SQ2

Garmin watches are top-of-the-line when it comes to tracking fitness statistics. From tracking sleep quality to paces for your workouts, Garmin has you covered. The Forerunner 255 is perfect for the serious athlete (or triathlete) looking for a fitness watch with tons of features. The Venu Sq2, meanwhile, offers all the essential fitness features while sporting a more attractive look for everyday wear.



Hyperice Normatec Go

The Normatec Go by Hyperice delivers targeted massage for fresh legs on-the-go. Backed by the same science that powers the original Normatec system, the Normatec Go is completely portable and delivers dynamic air compression to the calf muscles to increase circulation and reduce pain and tension in the legs.



Brooks Ghost 15

Starting this season, the **Ghost** will feature a new less dense foam than the original by packing in more air. The result is a soft, balanced ride with the signature smooth feel that runners want. With its new cushioning, the Ghost adds more glide to every stride. And runners have even more to love about this longtime favorite.



Bellabands

Locally made headbands and key chains updated weekly. If we do not have a style or school, let us know and we can get it for you.



Yaktraks

This will be a mainstay on our annual gift list and is a requirement for anyone who plans on continuing to move outdoors in the winter months. They enable you to be sure-footed on ice and snow, and their rubber outer band makes it easy to put them on over sneakers or even boots.

HOLIDAY GIFT GUIDE



Vuori: Halo Performance Hoodie and Performance Jogger

Your everyday athletic hoodie, the Halo Performance Hoodie keeps it cool and classic. With a full-zip front, drawstring tie and the same soft performance DreamKnit™ fabric as our joggers, you'll be cozy and ready from head to toe. The Performance Joggers have a slim but relaxed fit with a slightly cropped leg, side pockets and a drawstring.



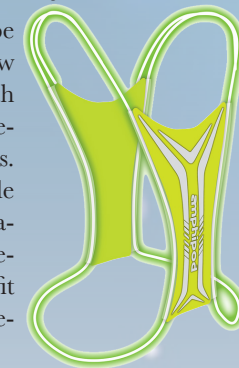
NB Heat Grid Half Zip

Inspired by winter running, our NB Heat Grid Half Zip includes NB HEAT technology to help you feel warm while also wicking away moisture for a more comfortable workout. A versatile layer, this women's pullover has an athletic fit for easy movement, thumb loops and mitt cuffs for a snug and comfortable fit, and reflective trim designed to catch the light.



Amphipod Rechargeable Vests

Boost your ability to be seen when out in low light conditions with Amphipod's rechargeable flashing essentials. Each rechargeable style includes a charging cable and are easy to recharge with the benefit of no batteries to replace!



TRP Beanies and Pom Pom Beanies

The beanies are back! Our popular The Running Place Beanies are back for a second year, this time in our beloved Philadelphia Eagles colors! Also, we are adding a TRP Pom Pom-less Beanie to the shelves, just in time for the cold season. Grab yours before they fly (Eagles fly) off the shelves!



On Saturday, December 10th, hundreds of reindeer will once again be romping through the streets of Havertown in memory of Brandon Lake, a local boy who lost his battle with cancer. Throughout this event's history, over \$450,000 has been raised by the Reindeer Romp for the American Cancer Society. One hundred percent of all sales proceeds go to the American Cancer Society. Nolan Painting has been the presenting sponsor of this event since 1999. Each year, we continue to need your support to make this event a huge success for cancer patients and survivors alike.

SOCK SPECIALS THROUGH DECEMBER 31ST

Buy 3 get 1 FREE!

Feetures!

injinji

Thorlos
Your feet will feel better.