

LOVE RUN HALF MARATHON

It will be back in 2022 and we want you to join "The Running Place Crew" Team for the Love Run Half Marathon – Sunday, March 27th.

Register for the Love Run and join The Running Place Team for the fun, convenience, and camaraderie. Being a member of the "The Running Place Crew" Team gives you access to our team tent where you can meet friends and teammates, and leave your gear during the event. The team tent is adjacent to reserved port-a-potties which means short lines for the bathroom. Don't forget to stick around for post-race refreshment.



MONDAY NIGHT RUN/WALK

6:45 P.M.

Join the fun at our weekly group run/walk!

On Monday nights, rain or shine, as many as 30-40 runners and walkers gather at The Running Place for a group run/walk. Choose from a 3-mile or 5-mile loop that meanders through the neighborhoods behind the store. All ages and paces are welcome. We depart promptly at 6:45 p.m. so come early! On holidays when the store is closed there is no group run; e.g. Labor Day or Memorial Day.

THE RUNNING PLACE

3551 West Chester Pike
Newtown Square, PA 19073

SHOP EARLY!
SHOP LOCAL!

WINTER Savings!

\$10 off
Any Purchase*

* Present this coupon with your purchase of \$30.00 or higher. Cannot be combined with other coupons or special offers. May be used on sale items. Prior sales excluded.

Expires 12/31/21



Excluding Brooks, New Balance, and Hoka Products

610-353-8826 • www.TheRunningPlace.com • 3551 West Chester Pike • Newtown Square, PA

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Winter 2021

THE RUNNING PLACE

Newtown Square, PA

NEW ELVES AT TRP

WE ARE EXCITED TO INTRODUCE THREE NEW STAFF MEMBERS:



Sarah German. Sarah's love of running, running gear, and helping people brought her to The Running Place after she retired from a corporate communications and marketing career. Sarah is a lifelong runner and has completed 20 marathons (including 5 Bostons!), and she now focuses on half marathons and shorter distances. She's also the president of Fast Tracks, a really terrific local running club. Originally from Nebraska, Sarah and her husband raised two daughters in PA – both runners. So now the question is whether her grandkids will get the running itch; if they do, she knows just where to help them get their first pair of running shoes!



Stephanie Archer ("Archer"). Archer began running in middle school and continued to run recreationally through her 20s, but moving to the Philly area and joining a running group got her into running half and full marathons. She has run five marathons (Philly twice, Marine Corps, Flying Pig, and



Richmond) and way too many half marathons to count. Archer has also participated in The Great Virtual Race Across Tennessee for the past 2 years and five Ragnar Relays. She credits running with helping her develop great friendships and keeping her sane. In addition to being an avid runner, Archer is a speech language pathologist and mother of three boys.

Adam Shanko. Adam grew up in Garnet Valley and attended the University of Pittsburgh before finishing his degree in Biobehavioral Health at Penn State. He ran track in middle school but his main competitive sport throughout his early life was soccer. A love of trail hiking morphed into a love of trail running around 2019. To date, Adam has completed the Boulder Field 50K and the Philadelphia Trail Marathon in October where he finished 4th overall, with support from The Running Place. In his spare time, Adam likes listening to music, being with friends, and enjoying the outdoors. He tries to get outside every day for a walk or a run, usually at Brandywine Creek State Park but sometimes you can find him at Ridley Creek State Park or the Chester Creek Trail.

UPCOMING EVENTS:

Thursday, Nov. 25th
SEVEN SUMMITS
TURKEY TROT 5K RUN
AND WALK
Wilson Farm Park, Wayne, PA

Saturday, Nov. 27th
SMALL BUSINESS
SATURDAY
10% of all sales will be donated to the Share Food Program of Greater Philadelphia
The Running Place

Monday, Nov. 29th
WEAR-TEST GROUP RUN
WITH BROOKS
Try the Glycerin and Glycerin GTS
The Running Place

Saturday, Dec. 11th
REINDEER ROMP 5K RUN
AND WALK
Havertown, PA

Sunday, March 27th
THE PHILADELPHIA
LOVE RUN
Philadelphia, PA

SMALL BUSINESS SATURDAY NOV 27



This year, we will again be donating 10% of all sales on Small Business Saturday to the Share Food Program of Greater Philadelphia.

While things are getting better, there are still members of our community who are in need. So, with the help of our community, friends, and customers, we are going to pay it forward again this year. Please join us on Saturday, November 27th for Small Business Saturday, where each sale matters and contributes toward our donation to

the Share Food Program. As the region's leading hunger relief organization, Share brings nourishing food to neighbors in greatest need, and that need has grown immensely throughout the pandemic. Visit www.sharefoodprogram.org to see the amazing work this organization does. Again, we could not do this without the support of our friends, family, and customers who have kept us in business now for more than 20 years. We thank you in advance for your help and support!


HOLIDAY HOURS

Sun. 12/19 11 am - 5 pm
Mon. 12/20 10 am - 7 pm
Tues. 12/21 10 am - 8 pm
Wed. 12/22 10 am - 8 pm
Thur. 12/23 10 am - 8 pm
Fri. 12/24 9 am - 3 pm
Sat. 12/25 CLOSED
Sun. 12/26 CLOSED

Fri. 12/31 10 am - 5 pm
Sat. 01/01 CLOSED
Sun. 01/02 CLOSED

3551 West Chester Pike • Newtown Square, PA 19073 • 610-353-8826
Mon, Wed, Fri & Sat (10 a.m. - 6 p.m.) Tue & Thu (10 a.m. - 8 p.m.) Sunday (Closed)

SOCK AMNESTY



Would you like a brand-new pair of Feetures socks for FREE? Then be one of the first 60 people to stop in on Small Business Saturday! Bring in an old, worn, holey, grungy pair of socks from home, and trade them in for a free new pair of Feetures. We call this 'Sock Amnesty.' It doesn't matter what condition your old socks are in. Bring them to us. We won't judge! We just want to get you into a new pair, and we think you'll like them so much that you'll want to buy more! One pair per customer, until we give out our 60 pairs.



Holiday Gift Guide

New Garmin Forerunner 55

- Track your time, distance, pace, and speed during your run or walk with built-in GPS.
- Monitor your overall health and wellness with wrist-based heart rate and more.
- Take guesswork out of training. This smartwatch suggests runs tailored to you. The free training plans feature guidance from expert coaches and adapt to you and your goals. Workouts sync right to your watch from the Garmin Connect™ app.
- Track more than just running with an array of built-in activity profiles.



Janji's Runterra Tops

A lightweight yet resilient fabric, Runterra wears like soft cotton with the added performance benefits of active odor-resistance and thermoregulation - thanks to embedded microscopic volcanic particles. Run in it, sweat in it, live in it.



Aeropex Headphones

The new Aeropex headphones are Aftershokz's most advanced wireless headphones yet, engineered for premium sound and with a long-lasting battery (8 hours) to keep you aware of your surroundings and motivated to power through any workout. These headphones utilize 8th Generation Bone Conduction Technology and are waterproof (not suitable for swimming).



Yaktraks

This will be a mainstay on our annual gift list and is a requirement for anyone who plans on continuing to move outdoors in the winter months. They enable you to be sure-footed on ice and snow, and their rubber outer band makes it easy to put them on over sneakers or even boots.



Premvida Bolt Mini Massage Gun



At the size of a cellphone (5.5"), the Premvida Bolt Mini Massage Gun is the most portable and powerful massage gun on the market. 4-Speed frequency activates your muscles from a light relaxing massage all the way to a high-intensity deep tissue massage. Low noise level makes it easy to use while reading, watching TV, and having conversations with your loved ones. The unique full aluminum body is light, durable, and equipped with a non-slip spiral texture for optimal grip on the massage gun.

(We still are in love with the Hypervolt BT Massage Gun, as the app allows for the ideal massage and lets us know when a muscle group has been sufficiently worked. These two massage guns have the two highest percussion rates on the market.)



Vuori: The Daily Legging

A brand-new perspective on leggings, the Daily Leggings are pulling out all the stops. Featuring a high waist, drawstring tie, an upgraded no-slip fit, 7/8 length, and cuffed ankles, there's no mistake in the name - you'll want to wear these daily.



Bellabands

Locally made headbands and key chains updated weekly. If we do not have a style or school, let us know and we can get it for you.



Aftershokz OpenMove Headphones

The revamped Aftershokz OpenMove headphones were created with versatility in mind and designed for everyday use, bringing you the best-in-class bone conduction technology, signature open-ear design, and comfortable, safe listening at an entry-level price. These headphones utilize 7th Generation Bone Conduction Technology, are water resistant, and have a 6-hour battery life.



On Saturday, December 11th, hundreds of reindeer will once again be romping through the streets of Havertown in memory of Brandon Lake, a local boy who lost his battle with cancer. Throughout this event's history, over \$450,000 has been raised by the Reindeer Romp for the American Cancer Society. One hundred percent of all sales proceeds go to the American Cancer Society. Nolan Painting has been the presenting sponsor of this event since 1999. Each year, we continue to need your support to make this event a huge success for cancer patients and survivors alike.

There will be no pub crawl this year; hopefully, the pub crawl will be back in 2022!

SOCK SPECIALS THROUGH DECEMBER 31ST

Buy 3 get 1 FREE!

Feetures!

injinji

Thorlos
Your feet will feel better

In addition to this quarterly newsletter, we also send out a monthly email and frequently post updates on Facebook, Twitter, and Instagram. Stay on top of all that is happening at The Running Place. Like us on Facebook and follow us on Twitter and Instagram. Sign up to receive our monthly email: www.therunningplace.com.



👉 Student athletes, be sure to ask about team discounts! 👈