

LOVE RUN HALF MARATHON

Join "The Running Place Crew" Team for the Love Run Half Marathon – Sunday, March 24th.

Register for the Love Run and join The Running Place Team for the fun, convenience, camaraderie, and the team shirt (of course!). Being a member of the "The Running Place Crew" Team gives you access to our team tent where you can meet friends and teammates, and leave your gear during the event. The team tent is adjacent to reserved port-a-potties which means short lines for the bathroom.



MONDAY NIGHT RUN/WALK

6:45 P.M.

Join the fun at our weekly group run/walk!

On Monday nights, rain or shine, as many as 30-40 runners and walkers gather at The Running Place for a group run/walk. Choose from a 3-mile or 5-mile loop that meanders through the neighborhoods behind the shop. All ages and paces are welcome. We depart promptly at 6:45 p.m. so come early! On holidays when the store is closed there is no group run; e.g. Labor Day or Memorial Day.

Join us on the 1st Monday of every month for post run pizza and beverages on us.



THE RUNNING PLACE

3551 West Chester Pike
Newtown Square, PA 19073



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PERMIT No. 33



THE RUNNING PLACE

RUN·WALK·MOVE

Spring 2024

3551 West Chester Pike • Newtown Square, PA 19073 • 610-353-8826
Mon/Wed/Fri/Sat (10 a.m. - 6 p.m.) Tue/Thu (10 a.m. - 8 p.m.) Sunday (Closed)

23 YEARS OF TRP

We will reach our 23rd year in business on the 17th of March, so we plan to enjoy this month with all of those that have made this possible... You (or Y'all as Ken would say). Look at our calendar and join us for one of the many events that we have planned to remind you of why we are special and let us treat you to some gifts along the way.

We will be holding our weekly group runs, like always, on Mondays at 6:45,



but with an added treat. We will be having many of our brand reps on site for these Mondays so you can wear-test their latest and greatest shoes. Show up prior to the run to get fitted into a shoe that you can take on our group run for free. This is a great way to give a shoe a try, before you make a big investment. We will be raffling off a free pair of shoes for each brand sponsored run. Try the brand's shoe on a run and be entered into the raffle.

UPCOMING EVENTS:

Monday, March 11th
NEW BALANCE WEAR TEST
The Running Place

Saturday, March 16th
HOKA WEAR TEST
The Running Place

Monday, March 18th
HYDRATION RUN
(SAMPLES PROVIDED)
The Running Place

Sunday, March 24th
PHILADELPHIA LOVE RUN
Philadelphia, PA

Sunday, March 24th
NICOLE GALLO SUNSHINE
AND BUBBLES 5K RUN
Drexel Hill, PA

Monday, March 25th
ON WEAR TEST
The Running Place

Saturday, March 30th
THE BUTTERFLY RUN 5K
Malvern, PA

Sunday, April 7th
MARPLE NEWTOWN HS PTO
5K COLOR RUN &
MILE FAMILY FUN RUN
Newtown Square, PA

Saturday, April 13th
MIGHTY MOJO MEMORIAL
5K RUN
Media, PA

Sunday, April 14th
KEVIN CAIN
MAKE MY DAY 5K
Havertown, PA

Saturday, April 27th
NARBERTH CF 5 MILE RUN
Narberth, PA

Saturday, April 27th
HAVERFORD TWILIGHT
5K RUN
this is a night race
Havertown, PA

SPRING Savings!

\$10 off

Any Purchase*

* Present this coupon with your purchase of \$30.00 or higher. Cannot be combined with other coupons or special offers. May be used on sale items. Prior sales excluded.
Expires 04/13/24

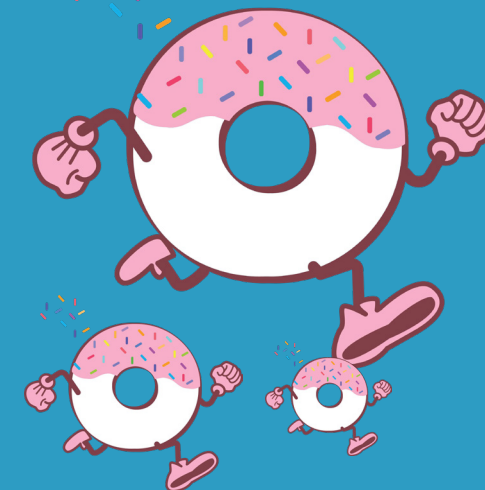


Excluding Brooks, New Balance, and Hoka Products

610-353-8826 • www.TheRunningPlace.com • 3551 West Chester Pike • Newtown Square, PA

PREDICTION DONUT RUN

Join us on Saturday, March 16, at 9 a.m. here at the shop, for a Spring Donut Prediction 3.1 mile run/walk. Predict your time for the 3.1-mile loop and the closest without using a watch, phone, or sundial will win a prize. You do not have to be fast, just accurate. Our Hoka Tech Rep will also be on hand to answer any of your burning Hoka questions, as well as to let you wear-test the newest shoes. She will have some giveaways too, while supplies last. Following the run there will be donuts, juice, coffee, and great deals. Physical Therapy appointments at the shop start at 9:30 a.m., with our friendly neighborhood PT, Andrew Tavenia of



**March 11th
NEW
BALANCE
WEAR TEST**

WHAT'S A WEAR TEST?
This is when The Running Place and a shoe brand team up to let you try before you buy! We plan these events when brands release new models of their shoes, so that the community has a chance to lace them up. This gives the community an opportunity to see if this next version is the right shoe to help them complete their active goals. These are always free of charge events. Be sure to come early to make sure you have time to get fitted for shoes.

**March 18th
HYDRATION
RUN
SAMPLES PROVIDED**

March 16th

Join us for our 23rd Year Celebration with Hoka wear-testing, raffles, prizes, and even free 20-minute PT Appointments.

— Join us for post run/walk donuts, coffee, deals, and good cheer!

MEET THE PT

— Join us at 8:45am for our Donut 3.1-mile Prediction Run no watches, phones, or sundials. Hoka will be on hand to allow you to give their shoes a test run or walk for free. Whether you walk, jog, or run you are welcome to take part. The goal is to guess how long the 3.1-mile distance will take you to complete. The person that is closest to their time will win a free pair of shoes on The Running Place. There will be other give aways from Hoka as well for the day.

— Sign-up for a free PT Appointment with Andrew Tavernia of Xcelerate PT of Newtown Square, between 9:30-12:30. This is a great way to make sure that you are aligned properly heading into the spring racing season. Reach out to us via email (therunningplace@gmail.com) or phone (610-353-8826), to schedule your time slot.

— Raffles will be picked every hour from 10AM to 5PM. Receive a raffle ticket with any purchase.

Xcelerate
PHYSICAL THERAPY



**March 25th
ON
WEAR TEST**

The first 35 people, to make a purchase, will also be graced with a special TRP beer made by our local home-brew masters Vic and Paul. You must be 21 years of age for this give-away!



March 16th

**23
YEARS OF
TRP**

**Twenty-
three years
of community
and supporting
people in a more
positive way.**

**NEW TRP
SHIRTS
COMING
SOON!**

**New to TRP
Bringing "ON" On**

We are happy to let our community know that we have just added the brand ON to our shop and look forward to letting you try this Swiss brand making a big name for themselves in the US. We will have our friendly Neighborhood ON Rep on hand for a wear-test run/walk on Monday, March 25th!



Run on clouds.

New Garmin Watch



You don't just run...you've moved beyond that. Which is why you need Forerunner 165 — the purpose-built GPS running smartwatch that helps you meet your goals with personalized adaptive training plans and a bright display to light up your progress.

Birkenstock In Stock

Coming this April. How can 10 million hippies be wrong? These shoes and sandals fit into the role of a secondary support piece for your feet. The footbed molds and conforms, giving you more support through your arches.



**SOCK SPECIALS
Buy 3 Get 1 FREE!**

Features!



Student athletes, be sure to ask about team discounts!