

Broomall Firecracker 5k

Celebrate Independence Day with a bang at the Broomall Firecracker 5K! Lace up your sneakers for a patriotic run on Thursday, July 4th. This exciting event is perfect for families, competitive runners, and



casual joggers alike. Enjoy a scenic route through Broomall. festive atmosphere, and community spirit.

Whether you're racing to beat your personal best or walking to enjoy the day, the Firecracker 5K promises fun for everyone. Sign up today and kick off your Fourth of July celebration on the right foot!

SPRING Savings!



Join the fun at our weekly group run/walk!

On Monday nights, rain or shine, as many as 30-40 runners and walkers gather at The Running Place for a group run/walk. Choose from a 2.25-mile, 3-mile or 5-mile loop that meanders through the neighborhoods behind the shop. All ages and paces are welcome. We depart promptly at 6:45 p.m. so come early!
On holidays when the store is closed there is no group run; e.g. Labor Day or Memorial

Join us on the 1st Monday of every month for post run pizza and beverages on us.





3551 West Chester Pike Newtown Square, PA 19073



PRSRT STD U.S. POSTAGE PAID WILLIAMSPORT, PA PERMIT No. 33

* Present this coupon with your purchase of \$30.00 or higher. Cannot be combined with other coupons or special offers. May be used on sale



items. Prior sales excluded.

610-353-8826 • www.TheRunningPlace.com • 3551 West Chester Pike • Newtown Square, PA



THE RUNNING PLACE RUN-WALK-MOVE

Summer 2024

3551 West Chester Pike • Newtown Square, PA 19073 • 610-353-8826 Mon/Wed/Fri/Sat (10 a.m. - 6 p.m.) Tue/Thu (10 a.m. - 8 p.m.) Sunday (Closed)

JUNE 1ST AND 2ND Saturday 10 to 6 Sunday 11 to 4

Select Running Shoes up to 60% Off!



Blowout Sale on Select

Apparel and Accessories! shop early for the best selection!

Saturday, June 1st and Sunday, June 2nd SIDEWALK SALE

The Running Place

Sunday, June 2nd PARTNER'S FOUNDATION EGGS + 5K

Phoenixville, PA

Sunday, June 2nd PHILLY RUN FEST 15K, 10K, OR 5K Philadelphia, PA

Monday, June 3rd NEW BALANCE 860v14 WEAR **TEST MONDAY NIGHT**

The Running Place

Thursday, June 13th, July 11th, and August 8th

MIDSUMMER NIGHT 5K RACE SERIES

Wynnewood, PA

Sunday, June 9th SUPERHERO 5K RUN/WALK Media, PA

> Friday, June 21st **MEDIA 5 MILER**

Wednesday, June 12th/July 10th HAVERFORD RESERVE TRAIL **RACE SERIES 5K**

Haverford, PA

Wednesday, July 3rd **SWARTHMORE LIONS** INDEPENDENCE EVE 8K Swarthmore, PA

Wednesday, July 4th **BROOMALL ROTARY** FIRECRACKER 5K Broomall, PA

Thursday, July 11th THE HAVERFORD MILE Haverford, PA

Saturday, September 21st THE SAINTS' STOMP 5K & 1 MILE FUN RUN/WALK Bryn Mawr, PA



decision to discontinue mailing our PRINT newsletter, due to postage costs. For the remainder of the year we will continue to send out our print newsletter to those that we do not have emails for. However, we will be transitioning out of the print newsletter by year's end! OUR NEWSLETTER IS NOT GOING AWAY! If you are

signed up for our emails, then you will continue to receive our newsletter digitally. If you are not signed up for email, please head over to www.therunningplace. com and do so today! The news, coupons, events, and all the stuff you love will still be on the pages. You'll just be getting it in a different format.

Mr. Bill Visits The Running Place

Mr. Bill returns to the Philly area for a visit!
Last month, Bill Frawley (former TRP owner, forever TRP legend) traveled back east to see how things were going in his old stomping grounds. A few of us were able to see him and catch up on things while he was in town.

However, for those who weren't able to see him, we wanted to give an update!

Bill came to town



for about a week at the beginning of May to spend some quality time with his Philly area friends. He even decided to run the ol' Broad Street Run while he was here for good measure!
More than a few late
nights were had leading
up to the race, but that
didn't seem to affect his
experience at all. Mr.

Ken and the staff at TRP

were excited to have him back, even just for a few days, although he refused to pick up a shift while he was here.

It was great to have him back inside the hallowed walls of the shop and just spend some time catching up in-person. In fact, Mr. Ken had so much fun that the Taylor's will be traveling west this summer to visit him in Oregon!

reuroit

WEW BALANCE WEAR

Come out Monday, June 3rd, for our Monday Night Group Run. We leave for the run at 6:45 p.m. sharp. Pop in before 6:45 p.m. and get fitted to test the new New Balance 860v14! This is the first Monday of the month so pizza will be served after the run.

THURSDAY EVENING JULY 11TH 2024 Q A.G. CORNOG STADIUM HAVERFORD HIGH SCHOOL We welcome runners to take part in our Citizen's Mile providing races for everyone, with heats determined by seed time, allowing you to compete against runners who match your current fitness level and motivate you to a new personal best.

HAVERFORD RESERVE SUNSET TRAIL LLS

MAY 8, JUNE 12, JULY 10

This series will provide low-pressure trail running opportunities for people of all ages, abilities, and levels of experience. Whether you are a seasoned trail runner or a first-timer, one or all of these 5K races are for you. The series will take place on the trails of the Haverford Reserve and consist of a loop and a few hills. For a more in-depth description of the Haverford Reserve trails, visit therunningplace.com and click on the Newsletter Archives link then read the Summer 2013 entry of New Paths to Tread.

New to TRP

Summer means beach time, festivals, and a plethora of other chances to go shoeless. For runners, that can lead to tweaks and twinges in the feet and legs from lack of support.

Well, it doesn't have to be that way! At TRP we have a variety of more stable warm weather footwear that can help keep you moving forward in a more positive way. OLUKAI, HOKA, and BIRKENSTOCK slides and sandals in a variety of colors for you mix and match with offer you a stylish, supportive way to look cool while keeping your body feeling good. Check out our stock the next time you are in the shop.





S P O R T S

cooling gear for life™

Exciting news at The Running Place—we've teamed up with ORO Sports to bring you some of the coolest running gear around. ORO Sports specializes in lightweight cooling vests and accessories that are all about keeping you comfy and cool while you pound the pavement, especially during those hot summer runs.

These aren't just for the hardcore athletes; they're perfect for anyone wanting to keep their cool while running, no matter your pace or distance. The gear uses some smart tech that absorbs heat to help control your body temperature, making those long runs a bit more bearable.

At The Running Place, we're all runners too, so we get why staying cool is crucial. We can show you how these ORO Sports vests fit into your running routine and help you pick the right one. Plus, we'll guide you on how to use and take care of them.

Drop by and check out the ORO Sports gear at The Running Place. Try one on and feel the difference in your run. With this gear, you're all set to beat the heat and hit those running goals. See you soon!



Student athletes, be sure to ask about team discounts!